
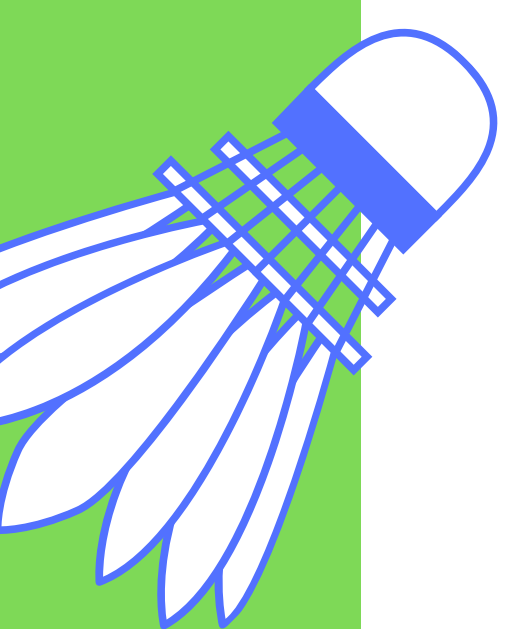




PLAY AND FITNESS DATE



Sunday 23 June
2:30 - 4:30pm

Try out the new outdoor gym equipment with help and demonstrations from Macfit's Zoe

Get the whole family active with a range of games and activities (equipment provided)



everyone welcome
free to join in